

MOTIVATION

Self-Determination promotes choice, control and empowerment. People who have choice and control over decisions in their lives are more likely to be motivated.

It is proven that people who are motivated are more likely to be successful.

When this occurs, everyone benefits and people receiving services are:

- ♦ Empowered to control their lives with the appropriate needed support.
- ♦ Service Providers/staff can help motivate and work toward personal goals.
- ♦ Funders can ensure financial resources are being used efficiently and effectively.

Contact your Supports Coordinator or Case Manager for more information or email:

selfdetermination@dwihn.org

CONTACT US

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DWIHN is a safety net organization that provides a full array of services and supports to provide empowerment to people within our behavioral health system. We serve over 75,000 citizens in Detroit and Wayne County with mental illness, intellectual and developmental disabilities and substance use disorders.

24 Hour Help Line

Centralized Access 800-241-4949

Customer Service

888-490-9698 / 313-833-2500

Recipient Rights

888-339-5595

TDD: 888-339-5588

Services for Deaf/Hard of Hearing

TDD: 800-630-1044



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SELF-DIRECTING SERVICES is SELF-DETERMINATION

Freedom, Authority, Support and Responsibility

WHAT IS SELF-DIRECTING SERVICES?



Self-Directing services (formerly referred to as Self-Determination) is a partnership between Detroit Wayne Integrated Health Network and people using specialty mental health services. Self-Directing services is a method of service delivery that shifts budget authority and control of services to the person as identified in their Individual Plan of Service (IPOS).

Based on services authorized in the IPOS, the member will select qualified service providers of their choice. The costs of services will be outlined in an individual budget and managed by the person through a Financial Management Service (FMS).

PRINCIPLES

Self-Directing services is decided by using the Person-Centered Planning process and is based on 4 Principles of Self-Determination:

1. **Freedom:** To choose supports and services that match their lifestyle and expectations.
2. **Authority:** To choose Providers and control an individual budget by purchasing the supports and services outlined in their PCP.
3. **Responsibility:** To give back to the community through employment as well as accountability for spending public dollars.
4. **Support:** To have the help you need to live the life you want.



SELF-DIRECTING SERVICES



Self-Directing Services ensures people control their own budget and directly hire or contract with individuals or agencies to provide services.

The goal is to support Self-Directing services on an individual basis, so people are living a life of independence and inclusion.

There are several components to creating a Self-Directed arrangement including working with a Financial Management Service who will help budget money for authorized services.