

CHILDREN'S Initiatives

Parent Management Training Oregon Model-PMTO

Parent Management Training – Oregon Model (PMTO) is an evidence-based best practice that recognizes the vital role parents play as the primary change agents within their families. Parents are supported and encouraged as they learn skills they can utilize to provide appropriate care; instruction and supervision for their children. Tailored for serious behavior problems for youth from preschool through adolescents, PMTO empowers parents as primary treatment agents to promote and sustain positive change in families.

To be Eligible:

1. Be a Wayne County Resident;
2. Meet Medicaid eligibility criteria;
3. Child must be enrolled in CMH Services through one of the CMH Providers;
4. Child must have a designation of Serious Emotional Disturbance (SED) or Intellectual Developmental Disabilities (I/DD);
5. Parent/caregiver cannot be actively using substances;
6. Must meet one of the following:
 - a. CAFAS score of 20/30 on Home, School and/or Behavior Toward Others; or
 - b. CAFAS score cannot be 20 on Mood/Emotions, Self-Harm, Thoughts or Substances.

For additional information and questions, contact the Regional PMTO Coordinator, Cherita Holland at The Children's Center at 313-262-0959 or cholland@thechildrenscenter.com

