

CCBHC Overview

Certified Community Behavioral Health Clinics

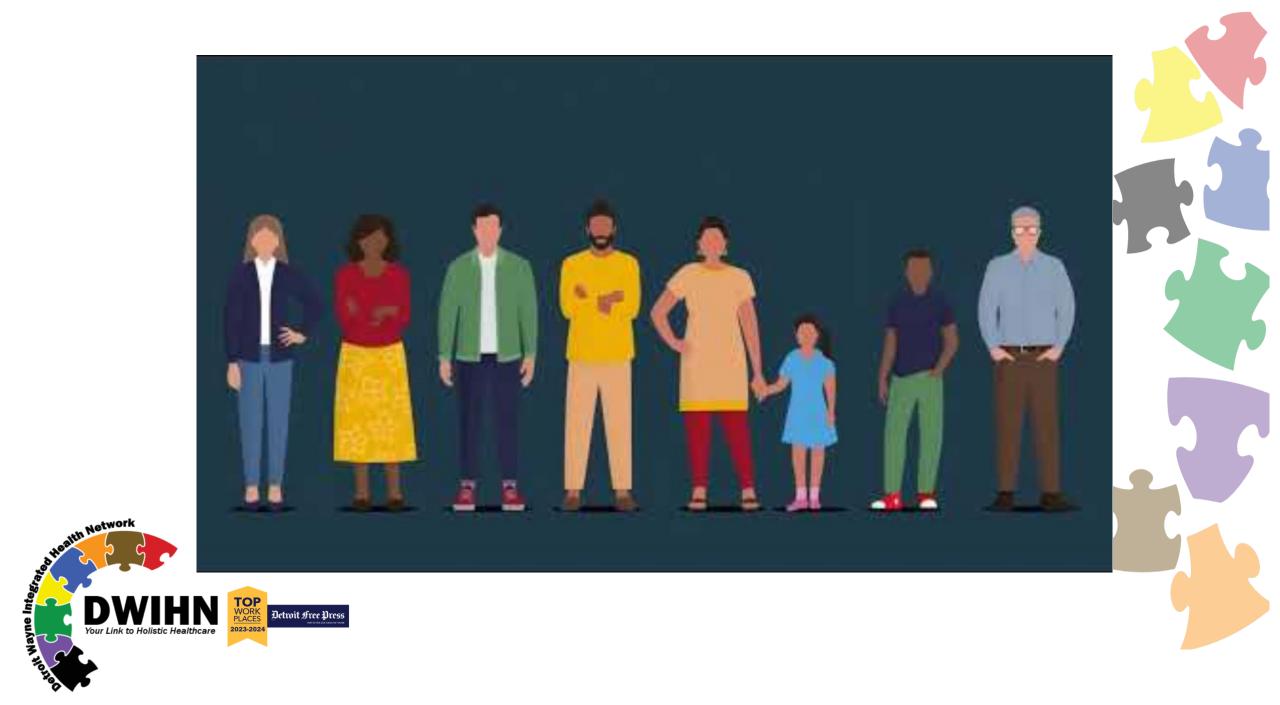


Presentation Overview

- 1. What is a CCBHC?
- 2. How is DWIHN Involved with CCBHCs?
- 3. How to Access CCBHC Services
 - a) CCBHCs in Wayne County
- 4. Impact on People Receiving Services







What is a CCBHC?



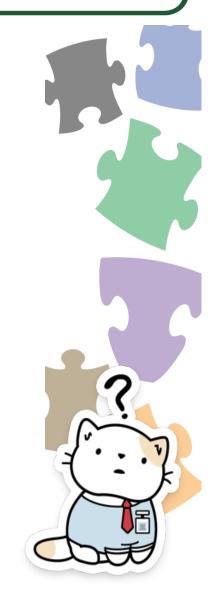
Stands for "Certified Community Behavioral Health Clinic"

- A CCBHC serves everybody regardless of:
 - ✓ Insurance type
 - ✓ Medicaid status
 - \checkmark Where you live
- The only requirement is having a diagnosis eligible for services.

Each CCBHC has to prove it meets strict requirements.

These requirements includes things such as:

- \checkmark the correct staffing levels,
- ✓ ensuring 24-hour access to care,
- ✓ They provide Evidence Based Treatment.
 (Treatment that has been proven to be successful.)
 ✓ And they must provide 0 core corriges to people
- ✓ And they must provide 9 core services to people





The 9 Core Services that a CCBHC provides are:

- 1. Crisis mental health services, available 24 hours
- 2. Screening, diagnosis, and risk assessment
- 3. Person and family centered treatment planning
- 4. Outpatient mental health and substance use services
- 5. Psychiatric rehabilitation services
- 6. Peer support and counselor services
- 7. Community based mental health care for veterans
- 8. Targeted Case Management

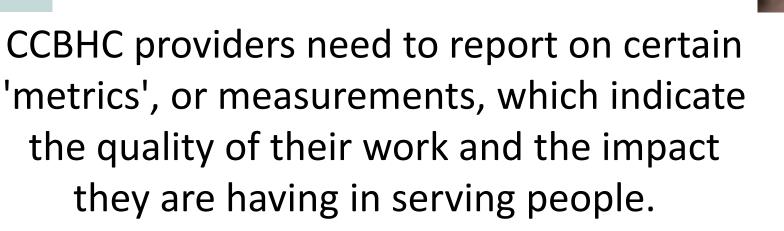
Detroit Free Press

9. Outpatient primary care screening and monitoring





Metrics:



✓ Are members Is their depression getting better?
 ✓ Are they receiving screenings for substance abuse?
 ✓ Are members being seen in a timely fashion, without a lengthy wait?
 ✓ Are members reporting high satisfaction with services?



How is DWIHN Involved with CCBHC Services?



Detroit Free Press

DWIHN plays Two Separate Roles with CCHBCs

- DWIHN supervises state-certified CCBHCs in Wayne county. We monitor the billing, funding, the member enrollment, metrics, and compliance for each certified CCBHC.
- 2. The *Community Care Clinic* at DWIHN also acts as a CCBHC, which provides directs services to people, the same as any other agency.

These two roles, one of oversight, and the other of providing services, are separate and handled by different parts of DWIHN.



How to Access CCBHC Services

Where are the CCBHCs in Wayne County?

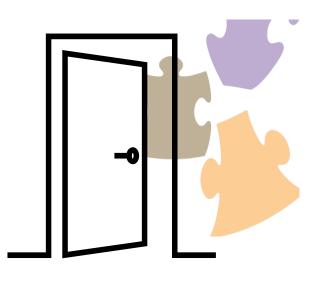
DWIHN's Access Call Center is always available to people seeking services, including CCBHC services

People can also go straight to a CCBHC for services.

State-Certified CCBHC Providers:**

1-800-241-4949 ACCESS **CNS Healthcare** Development Centers *DWIHN's Community Care Clinic Elmhurst Home Hegira **Southwest Counseling Solutions** The Guidance Center





CALL OUR 24 HOUR HELPLINE



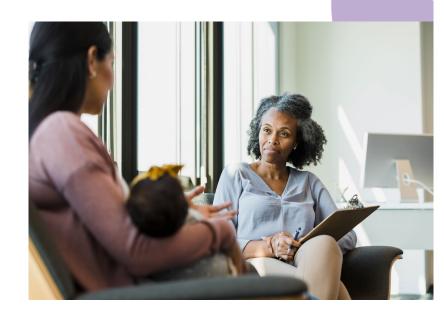
How are CCBHCs Helping People?

It can be frustrating that one place only does therapy and can't help you after hours in a crisis. Or if one place only does peer support services but not therapy, or only does mental health and not substance abuse services, or only provides clubhouse services but...

CCBHC is effective in requiring more care coordination and case management.

Removes barriers like requirements about:

- Insurance/Medicaid
- Where you live
- The severity of your condition





How are CCBHCs Helping People?

Certified Community Behavioral Health Clinics (CCBHCs) are providing an estimated 3 million people across the USA with mental health and substance use treatment and care

• 79% of clinics are serving more people after becoming a CCBHC.



Key Take-Aways

Certified Community Behavioral Health Clinics (CCBHCs) provide outpatient services to any person with an eligible mental health or SUD diagnosis.

CCBHCs are an important resource for getting more people access to care.

There are many CCBHCs in Wayne county and the surrounding area. Some CCBHCs are under DWIHN's supervision, some are not because they have grants from SAMHSA, a federal government agency.

People can contact CCBHCs directly to get services. CCBHCs must provide access to 24/7 crisis services.









