

Ruth Ellis Center

PROGRAMS AND SERVICES

HEALTH AND WELLNESS PROGRAMS

Behavioral Health

- LGBTQ youth up through age 30
- Outpatient individual and family therapy
- Home-Based individual and family therapy
- Juvenile Justice/Diversion Services
- Trauma Focused Cognitive Behavioral Therapy (TF-CBT)
- Art Therapy

Referrals: BH@ruthelliscenter.org

Family Preservation

- Family Acceptance Project: Family Support Model (FAP:FSM) - Support services and research-based educational materials to help parents and caregivers learn best practices for caring for LGBTQ+ youth
- Parent Support Partners (PSP) - peer-to-peer support to empower parents and caregivers as they navigate systems of care

Referrals: Lorina.karreci@ruthelliscenter.org

Housing

- Connection to emergency shelter
- For youth enrolled in housing program:
 - housing location
 - rental assistance
 - case management

Referrals: Luke.hassevoort@ruthelliscenter.org

Medical Services

Medical services are provided in partnership with Henry Ford Health System

- Quick visits for general medical issues (sore throat, rash, ear infection, cough/cold)
- Visits for longer term medical issues (asthma management, high blood pressure, diabetes, etc.)
- Vision and hearing screening tests with referrals
- STD testing and treatment
- HIV testing, prevention (PrEP), and treatment
- Gender affirming medications/HRT
- Referral information for gender affirming surgeries
- Birth control
- Screening for need of emergency services

Referrals: (313) 365-3338



ADDITIONAL YOUTH PROGRAMS

Drop In Center

- Drop-In Days - Mondays and Weds 3pm - 8:30pm, and Fridays 10-2pm. Food boxes, Ruth's Closet, resource kits, dance floor, and more available to youth between ages 13-30 during drop-in hours.
- Support Groups - Th 10am - 4pm. Current groups include Guys Discussion and TWEET (open to trans women of color).
- Skill Building Trainings available by appointment - Dwayne.cole@ruthelliscenter.org
- Social events - pop up events

Contact: Bridget.butts@ruthelliscenter.org

Center for Lesbian and Queer Women and Girls (CLQ)

- Social and community supports
- Clothing closet
- Computer lab
- Laundry service
- Library and playroom for kids

Contact: Kathie.griffinfutch@ruthelliscenter.org

PROVIDER PROGRAMS

Ruth Ellis Institute:

- Embedded education and evaluation at REC
- LGBTQ training with professionals in child welfare, behavioral health, JJ, and housing systems of care
- Consulting and coaching informed by practice, research, and members of the REC community
- Send Requests to: jessie.fullenkamp@ruthelliscenter.org