



DWIHN
Your Link to Holistic Healthcare



Detroit Wayne Integrated Health Network

707 W. Milwaukee St.
Detroit, MI 48202-2943
Phone: (313) 833-2500
www.dwihn.org

FAX: (313) 833-2156
TTY: 711

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ISSUED/REVISED: 6/11/2026

EFFECTIVE: 10/1/2025

SUBJECT: Children Services Evidenced Based Practice Services

SERVICE AFFECTED: Children Services – SED and IDD

BACKGROUND

Currently Michigan Department of Health and Human Services (MDHHS) permits certain Evidenced Based Practices (EBP) modifiers for children’s services. DWIHN has developed local modifiers to capture all the children services EBPs to identify members ages 0 to 21st birthday who are receiving EBPs and to measure the outcomes of services.

PROCEDURE

MDHHS updated the code chart to add cpt codes and modifiers for children services evidenced based practices. Children Providers are to utilize the identified CPT codes and modifiers according to the chart below.

- *New codes/modifiers* – highlighted yellow in the chart below
- *Removed codes/modifiers* – documented in the Evidenced Based Practice Description column

DEFINITIONS:

Evidenced Based Practice (EBP): is a process in which the practitioner combines well researched interventions with clinical experience, ethics, client preferences, and culture to guide and inform the delivery of treatments and services. (National Association of Social Work)

AUTHORIZATIONS & CLAIMS:

- Providers are also able to submit and or resubmit claims effective 10/1/2025 as needed by 8/31/26.
- Refer to chart below for further guidance on billing the EBPs.
- Providers are required to reference the MDHHS Code Chart for appropriate credentials to bill the various cpt codes for EBPs. (*Refer to the REFERENCE section below*).
- Claims must include the appropriate cpt code, modifiers, and staff credentialing modifiers according to the approved Individual Plan of Service (IPOS) and authorization.
- Since the EBPs are classified as “informational modifiers” in MHWIN, Providers have to manually add the appropriate modifiers when submitting progress notes and claims.

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CHART:

Description of Children Evidenced Based Practices	HCPCS Code	DWIHN Local Modifier During Cohort Training	MDHHS Modifier Post Cohort Training
<p>Caregiver Education: Caregiver Education utilizes the National Child Traumatic Stress Network Resource’s curriculum, <i>Caring for Children Who Have Experienced Trauma: A Workshop for Resource Parents</i>. It is an eight-module workshop designed to educate caregivers (biological or adoptive parents, foster parents or relatives) on the effects of trauma on the children in their care.</p> <p><i>Removed cpt codes/modifiers: 90832, 90834, 90837, 90839, 90840, 90846, 90847, 90849, H0036</i></p> <p><i>Use of Modifier upon approval of MDHHS-BCCHPS</i></p> <p><i>Disability Designation: SED</i></p>	S5111	EG	ST
<p>Child Parent Psychotherapy: CPP is a therapeutic intervention for young children, birth through age five, and their parents/ caregivers. The intervention supports family strengths and relationships, helps families heal and grow after stressful experiences while respecting the family and their cultural values.</p> <p><i>Use of Modifier upon approval of MDHHS-BCCHPS</i></p> <p><i>Disability Designation: SED</i></p>	H0036 S9482 90846 90847 H0031	EH	ST
<p>Dialectical Behavior Therapy (DBT-A): DBT-A is a manualized behavioral treatment that includes concurrent individual therapy once a week, family therapy as needed, phone coaching, and a multifamily skills training group.</p> <p><i>Use of Modifier upon approval of MDHHS-BCCHPS</i></p> <p><i>Disability Designation: SED</i></p>	90832 90834 90837 90839 90846 90847 90849 H0036	EI	Y2
<p>Families Moving Forward (FMF): FMF Program is a behavioral consultation intervention delivered by trained providers. FMF was tailored for families raising children, 3-12 years, with pre-natal exposure (PAE) or fetal alcohol spectrum disorders (FASD) who have clinically concerning behavioral problems. These families often feel caregiving stress and seek mental health care- or aftercare following an FASD diagnosis.</p> <p><i>Use of Modifier upon approval of MDHHS-BCCHPS</i></p> <p><i>Disability Designation: SED</i></p>	H0031 H0036 S5111	MF	Z2
<p>Infant and Early Childhood Mental Health Consultation: Infant and Early Childhood Mental Health Consultation (IECMHC) services improve outcomes for young children (birth through five years old), families, home visitors, and early care providers. Michigan’s IECMHC (also known as Social Emotional Consultation) is a prevention-based intervention teaming mental health professionals with early care providers, home visitors, and families to improve adults’ ability to positively develop children’s social, emotional, and behavioral health from birth through age five.</p> <p><i>Use of Code upon approval of MDHHS-BCCHPS</i></p>	H0025	Not Applicable	Not Applicable

<i>Disability Designation: SED</i>			
<p>Infant Mental Health – Home Visiting: Provides home-based parent-infant support and therapeutic intervention services, using the evaluated Infant Mental Health Home Visiting model (birth to 36 months), to families where the parent's condition and life circumstances, or the characteristics of the infant, threaten the parent-infant attachment and the consequent social, emotional, behavioral, and cognitive development of the infant.</p> <p><i>Use of Modifier upon approval of MDHHS-BCCHPS</i></p> <p><i>Disability Designation: SED</i></p>	<p>H0031 H0036 S9482</p>	<p>Not Applicable</p>	<p>Z4</p>
<p>Motivational Interviewing for Adolescents (MI-A): Motivational Interviewing for Adolescents is a specific type of skills that that mental health provider uses to facilitate change, especially among adolescents and their parent(s) who feel ambivalent about modifying their behavior.</p> <p><i>Use of Modifier upon approval of MDHHS-BCCHPS</i></p> <p><i>Disability Designation: SED</i></p>	<p>90785 90832 90834 90837 90846 90847 90849 90853 H0032 H0036 H2021 T1017 H0031</p>	<p>EK</p>	<p>Z1</p>
<p>Multisystemic Therapy (MST®): Multisystemic Therapy (MST®) is a scientifically proven intervention for at-risk youth. Therapists work in the home, school and community and are on call 24/7 to provide caregivers with the tools they need to transform the lives of troubled youth. MST reduces criminal activity and other undesirable behavior.</p> <p>Staff implementing are trained/receiving ongoing consultation from MST Services, Inc. to use code. MST programs have ongoing training/consultation from MST Services.</p> <p><i>Disability Designation: SED</i></p>	<p>H2033</p>	<p>Not Applicable</p>	<p>Not Applicable</p>
<p>Navigate – First Episode Psychosis Model: Specialized support for youth and young adults experiencing a first episode of psychosis can be provided using an evidence-based model, NAVIGATE. The primary role of this model is to explore the youth/young adult's experience and discover what matters most to them and how to move in that direction. While this is a little different for everyone, many young people are focused on goals related to completing school, keeping a job, feeling more like themselves, and maintaining healthy relationships. The model is holistic in nature ensuring a treatment approach that addresses all areas of life.</p> <p><i>Use of Modifier upon approval of MDHHS-BCCHPS</i></p> <p><i>Disability Designation: SED</i></p>	<p>T1017 H2023 H0025 H0036 H0038 90832 90834 90837 90846 90847 90853 90791 96372</p>	<p>Not Applicable</p>	<p>Z7</p>
<p>Parent Management Training Oregon Model (PMTO): PMTO model is an evidenced based best practice approach that recognizes the vital role parents play as being the primary change agents within their family. Parents are supported and encouraged as they learn skills, they can utilize to provide appropriate care, instruction,</p>	<p>90832 90834 90837 90846 90847</p>	<p>E5</p>	<p>Y3</p>

<p>and supervision for their children. Specialists utilize role-play and problem solving to promote the development of parents' skills.</p> <p><i>NOTE:</i></p> <ul style="list-style-type: none"> • Use of 90832, 90834 and 90837 when services are provided to parent who is SMI/open in CMHSP. • S5111 - used by Bachelor's level staff trained in the model <p><i>Use of Modifier upon approval of MDHHS-BCCHPS</i></p> <p><i>Disability Designation: SED</i></p>	<p>H0036 S5111</p>		
<p>Parenting Through Change (PTC): PTC is an evidence-based program of proven skills that help families and children during challenging transitions. The world tugs at parents and children in so many ways. Providing parents with tools to help their children enhance relationships.</p> <p><i>NOTE:</i></p> <ul style="list-style-type: none"> • T1027 - used by Bachelor's level staff trained in the model • H0036, 90849, T1027 - used by Master's level staff trained in the model <p><i>Removed cpt codes/modifiers: S5111</i></p> <p><i>Use of Modifier upon approval of MDHHS-BCCHPS</i></p> <p><i>Disability Designation: SED</i></p>	<p>H0036 90849 T1027</p>	<p>E6</p>	<p>Y3</p>
<p>Strengths and Strategies (S&S): S&S is an evidence-informed practice for caregivers/families raising children exposed to alcohol during their prenatal development with challenging behavior. This practice is provided by a trained CMHSP clinician either in the office or in the child's home. S&S model is highly flexible, based on how the brain functions when it is exposed to alcohol prenatally and how that affects behavior. The treatment is customized to match the needs of children with a diagnosed or suspected FASD and their families.</p> <p><i>Use of Modifier upon approval of MDHHS-BCCHPS</i></p> <p><i>Disability Designation: SED</i></p>	<p>H0031 H0036 S5111 90832 90834 90837 90846 90847</p>	<p>MF</p>	<p>Z3</p>
<p>Supported Employment: Supported employment is a model of employment designed to help individuals with disabilities find and maintain jobs in integrated, competitive settings. It provides ongoing support services to help individuals succeed in their jobs, ensuring they have the resources and assistance they need to thrive in the workplace. This includes services like job coaching, vocational assessment, and job development.</p> <p><i>Disability Designation: SED / IDD</i></p>	<p>H2023</p>	<p>Not Applicable</p>	<p>Not Applicable</p>
<p>Trauma Focused Cognitive Behavioral Therapy (TF-CBT) & Trauma Assessment TF-CBT is an evidence-based treatment for children and adolescents impacted by trauma and their parents or caregivers. Research shows that TF-CBT resolves a broad array of emotional and behavioral difficulties associated with single, multiple and complex trauma experiences.</p> <p><i>Removed cpt codes/modifiers: 90849</i></p>	<p>90832 90834 90837 90839 90840 90846 90847</p>	<p>E7</p>	<p>ST</p>

<p><i>Use of Modifier upon approval of MDHHS-BCCHPS</i></p> <p><i>Disability Designation: SED</i></p>	<p>H0031 H0036</p>		
<p>Therapeutic Foster Care Oregon: Treatment Foster Care Oregon (TFCO) was developed as an alternative to locked-care settings for children and youth with severe emotional and behavioral disorders. The two main goals of TFCO are to create opportunities for youth to successfully live in a family setting and to simultaneously help parents (or other long-term family resource) provide effective parenting. Youth reside in the TFCO treatment home for approximately 6-9 months. The homes receive initial and ongoing training, daily monitoring, weekly group support, and in-the-moment coaching. CMHSP/Agency staff implementing TFCO have completed clinical training, have ongoing engagement with a TFCO site consultant, and ensure the model is being implemented to fidelity.</p> <p><i>ONLY applicable for members receiving SED Waiver</i></p> <p><i>Disability Designation: SED</i></p>	<p>S5145</p>	<p>Not Applicable</p>	<p>Z5</p>
<p>Transition Independence Process (TIP): The TIP Model prepares and supports transition age youth and young adults (TAYYA) with educational and employment opportunities, safe living situations, their personal effectiveness and wellbeing, as well as their community-life functioning. The TIP Model is an evidence-supported practice that is implemented through a multidisciplinary approach. The TIP Model can assist TAYYA in navigating the unique challenges that they face during their launch into adulthood roles/functioning.</p> <p><i>Removed cpt codes/modifiers: H0036</i></p> <p><i>Use of Modifier upon approval of MDHHS-BCCHPS</i></p> <p><i>Disability Designation: SED</i></p>	<p>90832 90834 90837 90846 90847 90853 T1017</p>	<p>E9</p>	<p>Z6</p>
<p>Youth Suicide Prevention: The <u>Youth-Nominated Support Team-Version II (YST-II)</u> intervention was designed to supplement standard treatments for suicidal youths following psychiatric hospitalization by providing them with social support from caring adults. YST-II intervention services were provided to adults to facilitate their supportive role with adolescents. <u>Cognitive Behavioral Treatment – Suicide Prevention (CBT-SP)</u> was developed using a risk reduction, relapse prevention approach and theoretically grounded in principles of cognitive behavior therapy, dialectical behavioral therapy and targeted therapies for suicidal, depressed youth.</p> <p><i>Disability Designation: SED / IDD</i></p>	<p>T1017 90832 90834 90837 90839 90840 90846 90847 90849 H0036</p>	<p>EF</p>	<p>EF</p>

REFERENCES:

Michigan Medicaid Provider Manual:

<https://www.michigan.gov/mdhhs/doing-business/providers/providers/medicaid/policyforms/medicaid-provider-manual>

DWIHN Rate Charts

[Document Search | DWIHN](#)

DWIHN Coding Manual Bulletins

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DWIHN Service Utilization Guidelines

https://dwihn.org/sites/default/files/2026-02/DWIHN_MASTER_SUG_LIST_UPDATED_9-22-23.xlsx

Policy Stat:

<https://dwmha.policystat.com/?lt=BruL4kkjgLB0gDIXxoLM-q>

FY26 MDHHS Code Chart:

<https://www.michigan.gov/mdhhs/keep-mi-healthy/mentalhealth/reporting>

MDHHS Children Evidenced Based Practices:

<https://cmhebps.org/>

If there are any additional questions and or concerns please contact: procedure.coding@dwihn.org