

Is there any cost to me for any of this?

No. There is no cost for making an Advance Directive or for assigning a Health Care Agent.

Do I need an attorney or do I have to go to court?

No. Legal court proceedings are not required.

Does the Advance Directive have to be notarized?

No. The State of Michigan does not require the use of a notary. However, you must have two adult witnesses sign your Advance Directive. Witnesses cannot be family members, health care team members or beneficiaries of your estate.

Once created, can I change my mind?

Yes, you may change or end your Advance Directive or change your Health Care Agent at any time that you are considered capable.

My Health Care Agent is

Name: _____

Phone: _____

My document is located at:

My primary care physician is:

Name: _____

Phone: _____

My signature _____ **Date** _____

Is there a form I can fill out?

You can complete the form that is available through your treatment team, you can write out your own document, search for a form on the internet or purchase a form at an office supply store.

What should I do with an Advance Directive after it is signed?

Place the original document in your personal file and give copies to other trusted individuals, such as your Health Care Agent, medical doctor or primary mental health professional.

Where can I get more information or help with an Advance Directive?

You can obtain information from the Michigan Department of Health and Human Services website:

<http://www.michigan.gov/mdhhs>

or

You can obtain information and help from:

Detroit Wayne Integrated Health Network
Division of Customer Service

Toll Free: 888.490.9698

Local: 313.833.3232

TTY: 888.630.1044

The information in this pamphlet is presented as a public service for educational purposes only. It is not a substitute for discussions with your doctor, case manager, family member or anyone else you normally talk with to make decisions about your medical or mental health care.

Important Phone Numbers

Detroit Wayne Integrated Health Network
707 West Milwaukee St.
Detroit, MI 48202
www.dwihn.com

General Office
313.344.9099

**Centralized Access Center
24-Hour Crisis/Information & Referral**

Toll Free: 800.241.4949
Local Calls: 313.224.7000
TTY: 866.870.2599

**Customer Service
Consumer Affairs and
Community Outreach**
Toll Free: 888.490.9698
Local: 313.833.3232
TTY: 800.630.1044

Grievances & Appeals
Toll Free: 888.490.9698
Fax: 313.833.4280

Family Support Subsidy
Toll Free: 888.490.9698
Local: 313.344.9099
Fax: 313.833.4150

Office of Recipient Rights
Toll Free: 888.339.5595
TTY: 888.339.5588
Fax: 313.833.2043



**Advance Directives
For Medical
And
Behavioral Health Care**



What is an Advance Directive?

An Advance Directive is a legal document for healthcare decisions. You create an Advance Directive when you are capable and competent. The purpose of the document is to allow you to express your wishes in advance about what types of treatment, services, and other assistance you want during a personal behavioral or physical health crisis. An Advance Directive provides a clear statement of your medical treatment preferences and other wishes or instructions.

An Advance Directive can:

- ◆ Promote your autonomy and empowerment;
- ◆ Enhance communications between you, your doctor, treatment team, and family;
- ◆ Protect you from ineffective, unwanted or harmful treatment or actions; and
- ◆ Help prevent crisis situations and reduce the use of involuntary treatment or safety interventions, such as restraint or seclusion.

Do I have to fill out an Advance Directive?

No, the decision to have any type of Advance Directive is completely voluntary. No family member, hospital or insurance company can require you to have one, or dictate what the document should say if you decide to write one. Also, a hospital cannot deny you service because you have an Advance Directive or because you don't have one.

Disclaimer: DWIHN does not discriminate or exclude people or treat them differently because of race, color, national origin, age, disability or sex.

What does an Advance Directive allow me to do?

An Advance Directive generally permits you to plan for, consent to, or refuse future treatment at a time that you are not able to communicate your wishes with your treatment team.

You can plan for such things as hospital admission, administration of medication, post hospital care, Electroconvulsive (ECT).

If I am unable to make decisions, can I choose someone to speak for me?

Yes, this is done through the Durable Power of Attorney for Health Care portion of the Advance Directive. The person who is appointed is called a Health Care Agent, Surrogate Decision Maker, or Patient Advocate.

Who Can I appoint to be my Health Care Agent?

The person you appoint must be a capable and competent adult who is 18 years or older. The person cannot be providing your health care. You may set up an Advance Directive without appointing a Health Care Agent.

When would my Health Care Agent make decisions for me?

When your health care provider determines that you are incapable of making decisions, your Health Care Agent would be consulted about your treatment choices and decisions.

When would I be considered to be “incapable to participate in my care decisions”?

Generally, incapacity means that at a particular time, you lack sufficient understanding or ability to make and communicate medical or mental health treatment decisions. A physician or psychologist determines incapacity.

What is the treatment team to do with my Advance Directive?

If you are determined to lack capacity to make your own decisions about medical or psychiatric treatment, your health care providers must make an effort to follow the instructions that are written in your Advance Directive or that are given by your Health Care Agent. Your health care provider may also notify all other providers involved in your care of the instructions in your Advance Directive.

Are there conditions when my Advance Directive would not be followed?

Yes. Your Advance Directive would not be followed under conditions such as:

- ◆ Conflicts with generally accepted medical and mental health care practice standards;
- ◆ Treatment requests are not feasible or available;
- ◆ Conflicts with emergency treatment; and
- ◆ Conflicts with applicable law

Will my Advance Directive be followed if I am involuntarily committed to a facility?

Involuntary commitment to a treatment facility takes priority over what your Advance Directive says about hospitalization.

However, your preference regarding medication and other aspects of treatment while hospitalized will be considered if you are involuntarily committed.

Does a mental health professional have to pre-approve any of the content of my Advance Directive?

No, but you are encouraged to consult a medical and/or mental health care professional when you are completing an Advance Directive.

What if I already have a guardian?

Check the responsibilities assigned to your guardian. Usually your guardian is your Health Care Agent. In any case, you should discuss your medical and/or mental health care treatment preferences with your guardian if you have not done so.

After you have completed an Advance Directive, you may cut out this card and place it in your wallet.

Attention Health Care Workers

I have a Health Care Agent:

My Name: _____

Phone: _____

My Patient Advocate is:

Home Phone: _____

Cell Phone: _____